

While I know that the problems will not go away, I find I am far more hopeful now that at least small changes can be made, and it is worth continuing to strive for the betterment of the children and families I care for, together with others who are doing so

I have broadened my understanding of and more fully appreciate the pivotal role underlying determinants play in health

I have gained new insights into the health system, its challenges and the particular problems. South Africa has, as well as the vision of national health insurance (which has been much maligned in private circles)

"I have developed a huge respect for those public servants in health, in particular doctors like my fellow classmates, who continue to dedicate themselves to the health of children in trying situations, and I find myself trying to think of ways to bridge the gap between private and public health for the benefit of all"

I have changed my attitudes from blaming the faceless system to one of finding ways that I can personally be of relevance within my sphere of influence

