








Simple intake and output record

Child's name:

Mothers can use this chart to record intake (milk, water, juice, tea, soup and breastfeeds, and feeds given by naso-gastric tubes as appropriate) and fluid output/loss through urine and diarrhoea for their child

The nurse has overall responsibility for teaching mothers about the importance of recording intake and output, and how to do so.

The nurse is responsible for using the information provided by mothers to maintain an accurate fluid balance record for the patient.

		Date											
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It is recommended that a visual resource showing the capacity of various containers be used to help mothers accurately record amounts. An example can be found here: Royal Cornwall NHS Trust (May 2019). Fluid Balance for Adult In-patients Clinical Guideline V1.0. Available from: <https://www.google.com/url?sa=i&url=https%3A%2F%2Fdoclibrary-rcht.cornwall.nhs.uk%2FGET%2Fd10358876&psig=AOvVaw33iumfHO57a6vbmoBjr-Ju&ust=1605086356312000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCND-uvPS9-wCFQAAAAAdAAAAABAP>

Source: The nurse's role in partnering with mothers to keep fluid balance records for a hospitalized child. Jama B & Mwale A, 2020. Available from https://vula.uct.ac.za/access/content/group/9c29ba04-b1ee-49b9-8c85-9a468b556ce2/MNCN/MNCN_1_.html