## Developmental Origins of HEALTH AND DISEASE

9th WORLD CONGRESS 2015 CAPE TOWN SOUTH AFRICA

#### www.dohad2015.org



THEME | Combating the transgenerational risk of non-communicable disease in transitioning societies

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# Calling all scientists, clinical researchers, obstetricians, paediatricians, public health professionals and policy leaders...

A poor start to life is associated with an increased risk for non-communicable diseases in later life. These include cardiovascular disease, obesity, type 2 diabetes and metabolic disturbances, osteoporosis, chronic obstructive lung disease, some forms of cancer, and mental illnesses.

**The DOHaD concept** describes how during early life (conception, pregnancy, infancy and childhood) the interplay between maternal and environmental factors program (induce physiological changes) fetal and child growth and development that have long-term consequences on later health and disease risk.

**Timely interventions** may reduce such risk in individuals and also limit its transmission to the next generation. DOHaD research has substantial implications for many transitioning African societies and for global health policy

**Congress sessions cover:** maternal nutrition during pregnancy, gestational diabetes, the importance of the first 1000 days, infant feeding, growth and cognitive development, type 2 diabetes, and more.

### DOHaD 2015 is a CPD accredited event

### 8<sup>th</sup>-11<sup>th</sup> November 2015



TO FIND OUT MORE, VISIT dohad2015.org





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