# THE THIRD SOUTH AFRICAN VESTIBULAR ASSESSMENT & REHABILITATION THERAPY COURSE



The Division of Communication Sciences and Disorders, Faculty of Health Sciences, is proud to announce the third course to be held in Cape Town from 16 July 2016 – 20 July 2016. The course will give you the theoretical and practical skills to assess and manage patients with vestibular and balance disorders. Successful completion of the course and its assessments will result in a Certificate of Competence in Vestibular Assessment and Rehabilitation Therapy from the University of Cape Town. The course is fully HPCSA and CPD accredited and carries 30 CEUs.

#### **LEADERS IN THE FIELD**

The main speakers are recognized as world leaders in the field, who are able to create an excellent learning environment. They are innovative, exciting and accessible teachers, academics and researchers. They are:

**Prof Neil Shepard**, audiologist and editor of *Balance Function* Assessment and Management. Neil is one of the most prominent experts in the world!

**Prof Susan Herdman**, physiotherapist and editor of Vestibular Rehabilitation. Susan is regarded as the person who put vestibular rehabilitation on the map!

**Dr Courtney Hall**, physiotherapist and distinguished academic. She has a special interest in falls, ageing and vestibular rehabilitation.

The key speakers will be supported by an experienced, specialised local Faculty.

This is a valuable opportunity to hear these international experts in South Africa.

By the end of the course you will be able to:

• Assess an individual's vestibular & overall balance status by performing a variety of clinical examinations; & by evaluating/ integrating the results of relevant special investigations.

• Integrate the results with the case history to determine whether VRT is appropriate.

• Design & implement patientspecific VRT programmes & evaluate the outcomes of therapy.

• Perform assessment & therapeutic procedures such as a variety of canalith repositioning procedures; and techniques that underpin vestibular rehabilitation therapy

The course has been designed with the South African context in mind – so you will be able to assess & manage the dizzy patient in your <u>clinical setting –</u>

ALL WITHOUT HAVING TO PURCHASE SPECIALISED EQUIPMENT!

## FEEDBACK FROM THE PREVIOUS COURSE

- I like the lecturers' ability to simplify a very complex subject
- Input was detailed yet taught in a simple, understandable way
- Speakers top class!
- Practical, hands-on training great
  - Variety of topics that kept me involved and intrigued across the entire week
- Lots of light-bulb moments!
- Organisation impeccable!

## **COURSE DETAILS:**

**Pre-course workshop:** Friday 15 July (optional, additional registration fee applies). This is recommended for practitioners new to vestibular management and especially for those from 'sister' professions such as physiotherapy and occupational therapy.

**Course:** Saturday 16 July – Wednesday 20 July. Theory and hands-on training/evaluation provided. Optional session: Ethics, Ask-the-Expert Panel, Wednesday 20 July, afternoon session (included in course fee)

**Optional assessment for certification:** within six weeks of Course completion, via Course website.

## **VENUE:**

The River Club, Observatory, Cape Town. This centrally located, easy to access conference venue has been recently renovated. The venue is Halaal-friendly and vegetarians will be catered for. Accommodation is offered at the nearby Protea Hotel in Mowbray, a flat, easy 1km stroll from the River Club. Both venues are accessible for disabled delegates.

## **REGISTRATION AND FURTHER INFORMATION:**

Places are limited and will be allocated on a first come, first served basis, so please register as soon as possible and pay the deposit to secure your place. Numbers are restricted to allow adequate contact time and training in the practical sessions. The Course gives you an opportunity to gain a HPCSA-recognised qualification at a post-graduate level, so represents a substantial investment in yourself and your professional development. Your learning will be supported by full course notes and access to resources on a Course web-site. Optional pre-Course activities on-line and in the form of a workshop are offered and these will be especially valuable if you have no, or limited, experience in the area. The Course is open to registered health care professionals and is suitable for GPs, neurologists, ENTs and otologists at registrar and consultant level, audiologists, occupational therapists and physiotherapists, among others.

## **COURSE DIRECTORS: Christine Rogers, Silva Kuschke**

Contact UCT Conference Management Centre **Email: Roxanne.Adams@uct.ac.za** Tel + 27 21 406 6330 Fax + 27 21 650 1926

