

Methodist Church Hall Corner Milton Road and Wesley Street Observatory 7925

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Dear colleagues in health

We would like to alert all medical practitioners to 2 award winning productions that will be performing at the Theatre Arts Admin Collective in Observatory in March both of which focus on issues of mental health and the role that mental health practitioners play in the lives of their patients: *Salt*, a striking physical performance and thrilling drama written by Wynne Bredenkamp who was awarded the *Most Promising Student Writer* award at the 2013 National Arts Festival; and *The Playroom*, written and directed by Thandolwethu Mzembe, winner of the *Zwakala Festival 2013* in Johannesburg and which went on to perform at The Market Theatre. *The Playroom* runs from the 3rd – 7th March at 7pm and *Salt* will be performing from the 10th – 15th March at 8pm.



The Playroom

Performed in both English/isiXhosa

Three mentally disturbed people are placed in an institution, and in their playroom they go through experiences that gradually reveal the truth about themselves and their psychological dislocation. Meanwhile, the male nurse who tends to the patients also has his skeletons lurking in the closet. Innovative and bold in performance style, *The Playroom* veers from the funny to the chilling and really questions issues of leadership, positions of power within the health system and ultimately who is healing who.

Board – Lara Foot (Advisor), Caroline Calburn, Gilly Hemphill, Natasha Primo, Tracey Saunders, Khayelihle Dom Gumede



Salt

Winner of a Standard Bank Ovation Award, a PANSA New Writer Award and winner of Play Club's Dassie Award for Best Indie Production 2014, Salt is an exciting new show that is fast gaining recognition as a stand out piece on the South African theatre circuit. An exploration into mental health, truth and belief, *Salt* follows Aya, a long time patient in a psychiatric hospital who one day encounters a new doctor who believes he can cure her. He helps to drag her out of her drug-induced amnesia and confused imaginings, with enlightening yet dire consequences. As Thomas persists in uncovering her past, his presence begins to trigger memories of a lost brother, Raiyu and the lines between reality and fiction blur as past pours into present. One moment charming and funny, the next heart breaking, Salt utilizes the full language of theatre with a superbly talented cast to bring a performance that is fresh, striking, and intellectually intriguing.

Performances will take place at the Theatre Arts admin Collective, Methodist Church Hall, cnr Milton road and Wesley Street, Observatory. Shows are each R40/student and R50/earners. For bookings, or to request a subsidy, please contact Caroline on 021 447 3683 / artsadmin@mweb.co.za

We look forward to hearing from.

Best wishes

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Caroline Calburn Director, Theatre Arts Admin Collective