

**South African Paediatric Association &  
South African Association for Paediatric Surgeons Congress  
2014  
CTICC**

(11 - 14 Sep 2014)

**WORKSHOPS & COURSES**

**Tuesday 9 Sep - Wednesday 10 September  
Saturday 13 September - Sunday 14 September**

[Click here to register](#)

**PAEDIATRIC COLO-RECTAL SURGERY WORKSHOP**

**Tuesday 9 September - Wednesday 10 September 2014: 08h00 - 17h00**

*Venue: Red Cross War Memorial Children's Hospital*

It is with great pleasure we welcome you to the third colorectal course in Cape Town during 9-10 September 2014. Dr Marc Levitt and Dr Alp Numanoglu who are co-directing the course with an international group of leading colorectal experts will be leading the two day course with state of the art lectures and live surgical demonstrations. Our aim is to be able to give you an opportunity to interact with experts in the field of paediatric colo-rectal diseases and urological problems associated with colo-rectal diseases.

Our distinguished faculty will include:

Marc Levitt (USA), Alp Numanoglu (SA) Rob Brown (SA), Stuart Hosie (Germany), Ivo de Blaauw (Netherlands) Richard Wood (SA), Sabine Samacki (France), Cecile Muller (France), Marion Arnold (SA), Dirk von Delft (SA), Ernesto Leva (Italy) Alastair Millar (SA), Pim Sloots (Netherlands), John Lazarus (SA), Rama Jayanthi (USA), Sharon Cox (SA), Jeff Avansino (USA) Peter Minneci (USA), Katherine Deans (USA), Paolo Midrio (Italy), Philip Frykman (USA), Hamid Foroutan (Iran)

We plan live surgical demonstrations of both common and some complex conditions. We will also have the chance to discuss bowel management following surgery.

**BASICS WORKSHOP**

**Tuesday 9 September - Wednesday 10 September 2014: 08h00 - 17h00 (only 2 seats available)**

*Venue: Johnson & Johnson Building, Red Cross War Memorial Children's Hospital*

This is a new course called Paediatric BASICS (Basic Assessment and Support in Paediatric Intensive Care) which is essentially a 2 day 'hands-on' course (with manual, lectures, skill stations etc) that provides an introduction to paediatric intensive care to:

- Young doctors (medical/surgical) going into the area for the first time;
- Adult intensivists/Anaesthetists who may need to care for children in their unit;
- Nurses who are expanding their role in PICU.

Please book early as this course can only accommodate a certain number of delegates in view of the 'hands-on' nature and is booking up fast!

See attached advert or website for further info

<http://www.aic.cuhk.edu.hk/web8/BASIC.htm>

Instructors: Andrew Argent (University of Cape Town), Mignon McCulloch (University of Cape Town), Shamiel Salie (University of Cape Town), Johan Ahrens (University of Cape Town), Beyra Rossouw (University of Cape Town), Shetil Nana (University of Cape Town), Michael Muhame (University of Cape Town), Asma Salloo (University of Witwatersrand), Paula Lister (United Kingdom), Ranjan Joshi (Australia), Rencia Gillespie (University of Cape Town)

### INFECTIOUS DISEASES WORKSHOP

**Wednesday 10 September 2014: 08h00 - 17h15**

*Venue: Meeting Room 1.41 (Cape Town ICC)*

Infectious Diseases is a relatively new paediatric sub-speciality having been formally recognised by the HPCSA in mid-2005. Since 2006 training programmes have been established at five universities in South Africa. This workshop, a first for the SAPA conference, brings together sub-specialists from all 5 units and addresses ID topics of great relevance to South African clinicians. This workshop should appeal to nurse practitioners, practicing clinicians, paediatric registrars and ID trainees. It is a great opportunity to update your knowledge in a field that is constantly developing, discuss your clinical challenges with experienced clinicians, and discuss ID training opportunities.

### PAEDIATRIC RHEUMATOLOGY WORKSHOP

**Wednesday 10 September 2014: 08h00 - 12h30**

*Venue: Meeting Room 1.42 (Cape Town ICC)*

#### ● DID YOU KNOW?

- ° That musculoskeletal pain is one of the most common presentations in children?
- ° That Juvenile Arthritis occurs in 1 in every 1000 children?

#### ● DO YOU FEEL CONFIDENT IN YOUR ABILITY DIAGNOSE CHILDREN WITH RHEUMATIC DISEASES?

Join our team of international experts at a workshop that will demystify the examination of the musculoskeletal system and give you the tools to confidently diagnose and manage rheumatic diseases.

International Speakers:

Mercedes Chan, Canada

Mary Cruikshank, UK

Helen Foster, UK

Chris Scott, SA

Convenor: Dr Chris Scott, Paediatric Rheumatology, University of Cape Town.

### USANA (Neonatal Neuroprotection) WORKSHOP

**Wednesday 10 September 2014: 08h00 - 12h30**

*Venue: Meeting Room 1.43 (Cape Town ICC)*

Intrapartum hypoxia continues to be a leading cause of mortality and long-term neurological morbidity in term and near-term neonates. Developing world countries are especially affected with hypoxic ischaemic encephalopathy (HIE). Mild therapeutic hypothermia has been clinically shown to decrease mortality and reduce major neurodevelopmental disability in multiple large multi-centre trials. "Cooling" is now accepted as the standard of care for term and near term infants with HIE. In this workshop we will review the physiology of this disease to develop an understanding of why cooling may work, examine the evidence for its efficacy and practically present the cooling methods that have been studied. Participants will be introduced to the technology currently in use for the application of cooling and patient monitoring, including no-tech to high tech equipment. We will also be discussing long-term neurological follow up focussing on practical aspects and problems. Finally, the approach to counselling parents of patients with HIE is explored.

### CHILD RIGHTS (CHILDREN'S RIGHTS IN PRACTICE) WORKSHOP

**Wednesday 10 September 2014: 13h00 - 17h00**

*Venue: Meeting Room 1.4 (Cape Town ICC)*

What are your legal obligations as a health professional? Are you giving effect to children's rights in your professional practice? Where are your blind spots, and how can you use children's rights to enhance the quality of care? This workshop will provide an overview of key provisions in the Children's Act including consent to medical treatment and the reporting of child abuse and neglect. In addition we will explore how you can use children's rights to think more holistically about children's health and development, advocate for child-friendly services, and play a more proactive role in addressing the broader social determinants of health. **The**

workshop carries 6 CPD ethics points and is led by Lucy Jamieson and Lori Lake of the Children's Institute, University of Cape Town.

### CARDIOLOGY WORKSHOP

**Wednesday 10 September 2014: 13h00 - 17h00**

*Venue: Meeting Room 1.43 (Cape Town ICC)*

The cardiology workshop at the 2014 SAPA Congress promises to be an opportunity to hone your half-forgotten practical cardiology skills and perhaps acquire some valuable new ones. Teaching-demonstrations will be in the form of small tutorial groups rotating through 6 clinical stations. Skills ranging from pulse oximetry screening for congenital heart disease to the management of SVTs and Tetralogy of Fallot spells, and more, will be offered. This is the ideal forum to raise your questions, dispel any concerns and update these valuable life-saving skills! In addition we'll show and tell what's hot in cardiology. See you there!

### DIABETES WORKSHOP

**Wednesday 10 September 2014: 13h00 - 17h00**

*Venue: Meeting Room 1.44 (Cape Town ICC)*

The Diabetes Team would like to extend a warm welcome to all paediatricians and colleagues interested in getting a "Hands-on Diabetes Update".

The workshop will be based on interactive talks about insulin regimens for children and adolescents, with discussions around the more difficult patients. We welcome and encourage workshop attendees to submit their own cases to discuss. This can be done ahead of time to [michelle.carrihill@uct.ac.za](mailto:michelle.carrihill@uct.ac.za), or can be brought to the forum at the workshop. All patient identifiers must please be removed. After tea we will get an opportunity to handle all the testing equipment available to the diabetic patients, and we will outline the advantages and disadvantages and price differences of the meters. We will show the newest guidelines on insulin injection techniques, and also demonstrate insulin pumps and continuous glucose monitors. The attendees should leave the workshop feeling more confident in insulin choices, individual diabetes case management plans, and able to offer their diabetic patients access to advise on the latest technologies available to them.

The agenda:

1. Welcome and review of diabetes in paediatric practice
2. Commencing insulin therapy
3. Titrating insulin therapy
4. Special cases: Under 5's, puberty, fasting, exercise
5. Type 2 diabetes in paediatrics/adolescents
6. Tea
7. Insulin injection techniques, devices and pumps
8. Glucose testing machines, glucose monitoring and continuous glucose monitoring
9. Case reports
10. Questions and close

### LEADING TEAMS THAT WORK AND WORK TOGETHER

**Wednesday 10 September 2014: 08h00 - 12h00**

*Venue: Red Cross War Memorial Children's Hospital*

This workshop will explore how teams form and can be led to achieve your clinical outcomes. It will be led by Simon Hurry, who describes himself as a 'team architect'. Simon has an innate ability to get to issues quickly and facilitate the discovery and development of appropriate solutions.

All participants- Paediatricians, nurses and therapists who work in or lead teams in their clinical practice.

### PANDA SA ADHD AND EPILEPSY WORKSHOP

**Wednesday 10 September 2014: 08h00 - 12h30**

*Venue: Meeting Room 1.44 (Cape Town ICC)*

Delegates are invited to register for a focused morning addressing key and challenging issues common in neurological and neurobehavioural paediatric practice.

The first part of the morning will be coordinated by Prof Andre Venter, expert in ADHD with presentations from the international invited speaker Prof Per Hove Thomsen. The post coffee session will be dedicated to epilepsy addressing the current recommendations for acute convulsive seizures, the co-morbidities of epilepsy and how to optimally manage children with difficult to control epilepsy. The workshop is planned to be informal and interactive with ample opportunity for interaction and discussion on practice challenges in the fields of children with epilepsy and ADHD.

### **LAPAROSCOPIC SUTURING WORKSHOP**

**Saturday 13 September - Sunday 14 September 2014**

*Venue: Surgical Skills Training Centre, Red Cross War Memorial Children's Hospital*

SAAPS is pleased to announce a two day Laparoscopic Suturing Course at the Surgical Skills Training Centre at Red Cross Children's Hospital. This course will include practical skills training using animal tissue and purpose built plastic bowel models. Participants will also have opportunity to use the Symbionix Haptic Feedback Virtual Reality Trainer. First day of the course will include training on techniques of needle placement, suturing, intra and extracorporeal knot tying. Plastic bowel models will be used for training in performing an anastomosis. Second day is dedicated to practical training using animal tissue and will include double layer anastomosis, interrupted and continuous suturing and knot tying. This course is an advanced course and senior registrars and junior consultants are encouraged to attend.

Faculty: Alp Numanoglu (University of Cape Town), Sharon Cox (University of Cape Town), Samad Shaik (Stellenbosch University)  
Daniel Sidler (Stellenbosch University), Dirk von Delft (University of Cape Town)

For further information, please visit the website [www.sapacongress2014.co.za](http://www.sapacongress2014.co.za) or e-mail [sonja@londocor.co.za](mailto:sonja@londocor.co.za)

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