



UNIVERSITY OF CAPE TOWN
DEPARTMENT OF MEDICINE

GENERAL PHYSICIANS CONFERENCE 2016 PROGRAMME



CAPE TOWN



18-21 FEBRUARY 2016



UNIVERSITY OF CAPE TOWN
DEPARTMENT OF MEDICINE

“Meet the Experts” Session

09H30 – 10H30: REGISTRATION

10h30–12h30

| HOW TO GET YOUR MMED DONE | NEPHROLOGY | LIPIDOLOGY | RHEUMATOLOGY | PULMONOLOGY | HEPATOLOGY |
|---------------------------|---|--|--|--|--|
| Prof V Burch | <p>HIV and the Kidney Dr N Wearne/ Dr M Borkum</p> <p>The young hypertensive Dr E Jones/ Dr P Mangena</p> <p>Management of pre-dialysis Chronic Kidney Disease Dr Z Barday/ Dr B Davidson</p> <p>Sarcoid and the kidney Dr J Naidoo/ Dr M Arruj</p> | <p>Prof D Blom and Prof D Marais</p> <p>A brief tour of lipidology: From lipoprotein metabolism to monoclonal antibody</p> | <p>Early Diagnosis of Rheumatoid Arthritis Dr B Hodkinson</p> <p>Idiopathic Inflammatory Myopathies Dr A Tooke</p> <p>Autoantibodies in HIV Dr R Du Toit</p> <p>Overlap vs MCTD Dr A Gcelu</p> | <p>Smoking cessation in clinical practice Prof R van Zyl-Smit</p> <p>Update on new TB drugs and diagnostics, essentials for clinical practice in 2016 Prof K Dheda</p> | <p>Prof M Sonderup, Prof W Spearman</p> <p>Drug induced liver injury</p> |

12h30 – 13h30: LUNCH

13h30–15h30

| PALLIATIVE CARE | HAEMATOLOGY | CARDIOLOGY | INFECTIOUS DISEASES | GASTROENTEROLOGY | RHEUMATOLOGY |
|--|--|--|---|--|--|
| <p>Dr C Cupido</p> <p>Palliative Care, is it relevant to Internal Medicine?</p> <p>Management of Symptoms in end stage organ failure</p> <p>Interdisciplinary Team Approach “doctors cannot do this alone”</p> | <p>Prof N Novitsky</p> <p>Haematological emergencies</p> | <p>Prof M Ntsheke, Dr R Weiss and the Clinical Skills centre program</p> <p>Rapid recognition and management of life threatening arrhythmias</p> | <p>Clinical Cases in Travel Medicine</p> <p>Prevention is better than cure - An approach to the pre-travel consultation</p> <p>Travel-risks in special populations – Mass Gatherings, travellers who visit friends & relatives (VFR), Medical Tourists</p> <p>During Travel Consults - What do travellers to South Africa present with? Evidence from the Geosentinel Surveillance Network</p> <p>A clinical approach to the febrile returning traveller</p> | <p>Prof S Thomson, Dr S Hlatshwayo, Dr D Levin</p> <p>An approach to common GIT medical conditions</p> | <p>Hand deformities in rheumatic diseases Prof M Tikly</p> <p>Spondyloarthritis Prof GM Mody</p> <p>Biologic therapies in RA Prof AA Kalla</p> |

16h00 – 18h00: DEPARTMENT OF MEDICINE THURSDAY FORUM

THE COLLEGES OF MEDICINE 2016 ARTHUR LANDAU LECTURE (Introduced By Prof M Ntsheke)

Prof P Manga

Why do humans develop Atherosclerosis?

FRANK FORMAN LECTURE (Introduced By Prof G Maartens)

Prof LG Becker

18h00 – 19h30: OPENING COCKTAIL FUNCTION



| TIME | PROGRAMME | SPEAKER |
|----------------------------|--|-------------------------|
| 07H30 – 08H30 | REGISTRATION | |
| 08h30 – 08h35 | Welcoming remarks | Prof G Maartens |
| LIPIDOLOGY | | |
| 08h35 – 09h00 | Statins: Safety and Tolerability Concerns | Prof D Blom |
| INFECTIOUS DISEASES | | |
| | | Chair: Prof M Mendelson |
| 09h00 – 09h30 | Management of Infectious Diseases Emergencies | Prof M Mendelson |
| 09h30 – 10h00 | 50 grades of grey; the evidence base for diagnostic tests used for infection | Dr T Boyles |
| 10h00 – 10h30 | Management of adverse reactions to antiretroviral therapy | Dr S Dlamini |
| 10h30 – 11h00 | TEA | |
| GERIATRIC MEDICINE | | |
| 11h00 – 11h30 | The delirious elderly patient | Dr L De Villiers |
| NEUROLOGY | | |
| | | Chair: Dr E Lee Pan |
| 11h30 – 12h00 | What the generalist needs to know about thrombolysis | Prof A Bryer |
| 12h00 – 12h30 | An approach to acute weakness (Guillain-barré syndrome & mimics) | Prof J Heckmann |
| 12h30 – 13h00 | Status epilepticus | Dr L Tucker |
| 13h00 – 14h00 | LUNCH | |
| NEPHROLOGY | | |
| | | Chair: Dr Z Barday |
| 14h00 – 14h30 | Management of common causes of acute kidney injury | Dr N Wearne |
| 14h30 – 15h00 | Rapidly progressive glomerulonephritis and other causes of acute renal failure | Prof I Okpechi |
| 15h00 – 15h30 | Hypertensive emergencies | Dr E Jones |
| 15h30 – 16h00 | TEA | |
| RHEUMATOLOGY | | |
| | | Chair: Prof A Kalla |
| 16h00 – 16h20 | Scleroderma Renal Crisis | Prof M Tikly |
| 16h20 – 16h40 | SLE and Fever | Prof GM Mody |
| 16h40 – 17h00 | The acutely painful, swollen, hot knee | Prof AA Kalla |
| 17h00 – 17h30 | Biologics and TB | Prof K Dheda |
| FREE EVENING | | |



| TIME | PROGRAMME | SPEAKER |
|-----------------------------------|---|------------------------|
| SATELLITE SESSION 1 | | |
| 07h00-08h20 | Abbvie Industry Symposium | TBA |
| PLENARY SESSIONS | | |
| CARDIOLOGY | | Chair: Prof M Ntsheke |
| 08h30 – 09h00 | ECG quiz | Prof R Scott Millar |
| 09h00 – 09h30 | Acute coronary syndromes | Dr S Pandie |
| 09h30 – 10h00 | Pericarditis (including tamponade) | Dr P Ntuli |
| 10.00-11h00 | DERMATOLOGY QUIZ | Prof N Khumalo |
| 11h00 – 11h30 | TEA | |
| PHARMACOLOGY | | Chair: Prof G Maartens |
| 11h30-12h00 | An approach to common drug overdoses | Dr T Crede |
| HAEMATOLOGY | | |
| 12h00 – 12h30 | Thrombotic thrombocytopenic purpura | Prof N Novitzky |
| 12h30 – 13h20 | LUNCH | |
| PULMONOLOGY | | Chair: Prof K Dheda |
| 13h20 – 13h45 | Severe asthma that remains uncontrolled despite optimised therapy, what to do next? | Prof K Dheda |
| 13h45 – 14h10 | Pre-operative assessment of a patient with pulmonary disease | Prof G Ainslie |
| 14h10 – 14h35 | Managing the acutely ill patient with community-acquired pneumonia. | Dr R Raine |
| 14h35 – 15h00 | Management of acute pneumothorax. | Dr G Symons |
| 15h00 – 15h30 | TEA | |
| ENDOCRINOLOGY AND DIABETES | | Chair: Prof N Levitt |
| 15h30 – 16h00 | Management of diabetic emergencies | Prof N Levitt |
| 16h00 – 16h30 | Severe hypothyroidism | Prof I Ross |
| 16h30 – 17h00 | An approach to hyponatraemia | Dr P Raubenheimer |
| IMMUNOLOGY | | |
| 17h00 – 17h30 | Vaccination in the immunocompromised patient | Dr J Peters |



| TIME | PROGRAMME | SPEAKER |
|--|---|------------------------|
| SATELLITE SYMPOSIUM II | | |
| 07h00 – 08h20 | Abbvie Industry Symposium | TBA |
| PLENARY SESSIONS | | |
| HEPATOLOGY & GASTROENTEROLOGY | | Chair: |
| 08h30 – 09h00 | An approach to the haemodynamically compromised patient with GIT bleeding | Prof S Thomson |
| 09h00 – 09h30 | An approach to the acutely dilated colon on AXR | Dr G Watermeyer |
| 09h30 – 10h00 | What's new in Hepatology | Prof W Spearman |
| 10h00 – 10h45 | PHARMACOLOGY QUIZ | Prof M Blockman |
| 11h45-11h30 | BRUNCH | |
| 11h30-12h00 | Conference quiz | Prof V Burch |
| ETHICS SESSION | | Chair: Prof M Sonderup |
| 12h00-13h00 | Physician Assisted Dying – ethical and legal challenges | Prof A Dhai |
| CLOSING REMARKS | | |

