Requirements: An internet connection, Mozilla Firefox web browser, latest version of Flash installed, a set of headphones.

Step 1: Click on the url provided for the meeting room e.g https://mconf.sanren.ac.za/webconf/h3abionet_seminars

Step 2: This will take you to webpage to sign in. If you do not have an account with MConf, choose to the join the room as a guest. Enter your first name and surname and click “Next”.

![Screenshot of MConf sign in page](https://example.com/mconf-sign-in-screenshot.png)
Step 3: A web page will popup and the necessary modules will load until complete to provide you with a screen asking how you would like to join the meeting. Selection the “Microphone” option.

Step 4: In some cases your browser will ask if you will like to share your microphone with the application. Click on “Share selected device”.
Step 5: An audio test dialogue box will pop up for you to test your sound settings. (PLEASE use a headset or a set of earphones as this will prevent the annoying feedback and screeching noises.) Speak a few words into your head set mic or if using earphones, into you laptop microphone. If you hear your self click on “Yes”. If not then click on “No” and follow the troubleshooting guide.

Step 6: Once our microphone has been tested and is working, you will have access to the main MConf meeting interface:
Step 7: As common courtesy to other meeting attendees, please choose the microphone icon on the top middle left of the interface to prevent any background conversations by lab members filtering into the meeting room. To activate your microphone to speak, click on the microphone icon again.

Step 8: If you would like to ask a question or make a comment, click on the “smiley face” icon and select the relevant option.
Step 9 (optional): If you would like to check what your internet speeds are, click on the up and down arrow on the top right of the interface.