



# University of Cape Town Division of Family Medicine

CONFERENCE FOR  
GENERAL PRACTITIONERS

Venue: The River Club, Liesbeeck Parkway, Observatory, 7925

19<sup>TH</sup> – 23<sup>R D</sup> JANUARY 2015

## PROVISIONAL PROGRAMME

**MONDAY 19<sup>th</sup> JANUARY 2015**

### Ophthalmology

08h00 – 08h30

**REGISTRATION & TEA**

**Session I: Ophthalmology**

**Prof Derek Hellenberg**

08h30 – 09h10

Latest Advances in Ophthalmology

09h10 – 09h50

Diseases of the eyelids

09h50 – 10h30

Corneal Pathology

**10h30 - 11h00**

**TEA**

**Session II: Ophthalmology**

**Chair:Dr**

11h00 – 11h40

Conjunctivitis

11h40 – 12h20

Refraction Surgery

12h20 – 13h00

Glaucoma

**13h00 – 14h00**

**LUNCH**

**Session III: Ophthalmology**

**Chair:Dr**

14h00 – 14h40

Management of cataracts

14h40 – 15h20

Diabetes mellitus and the eye

15h20 – 16h00

Other diseases affecting the eye

**TEA**

**TUESDAY 20<sup>S T</sup> JANUARY 2015**

### PHARMACO-THERAPEUTICS

**08h00 – 08h30**

**REGISTRATION & TEA**

**Session IV: Pharmaco-therapeutics**

**Chair:Dr**

08h30 – 09h10

Novel drug delivery systems

09h10 – 09h50

Antibiotic Use and Abuse

09h50 – 10h30

The pitfalls of polypharmacy

**10h30 – 11h00**

**TEA**

**Session V: Pharmaco-therapeutics**

**Chair:Dr**

11h00 – 11h40

How do generic drugs compare to the original?

11h40 - 12h20

Rational Pain Management

12h20 – 13h00

Deciding on which drug to use for hypertension in middle-aged patients

**13h00 – 14h00**

**LUNCH**

**Session VI: Pharmaco-therapeutics**

**Chair:Dr**

14h00 – 14h40

Prescribing for children

14h40 – 15h20

Prescribing for the elderly

15h20 – 16h00

The controversies around use of statins

**TEA**

## General Conference (Wednesday-Friday)

**W E D N E S D A Y 2 1 <sup>S</sup> T J A N U A R Y 2 0 1 5**

**08h00 – 08h30** **REGISTRATION & TEA**

**SESSION 1: Cardiology**

**Chair: Dr**

08h30 – 09h10	Transcutaneous cardiac procedures	
09h10 – 09h50	ECG interpretation	
09h50 – 10h30	RFA treatment of Atrial Fibrillation	
10h30 – 11h00	<b>TEA</b>	

**SESSION 2: the GP and Rheumatology**

**Chair: Dr**

11h00 – 11h40	Examination of Joints	
11h40 – 12h20	Intra-articular Injections	
12h20 – 13h00	Fibromyalgia	

**13h00 – 14h00** **LUNCH**

**SESSION 3: The GP and Geriatrics**

**Chair: Dr**

14h00 – 14h40	Managing mobility in the elderly	
14h40 – 15h20	Parkinsonism	
15h20 – 16h00	Alzheimers	

**TEA**

**T H U R S D A Y 2 2 <sup>N</sup> D J A N U A R Y 2 0 1 5**

**08h00 – 08h30** **REGISTRATION & TEA**

**SESSION 4: The GP and the Skin**

**Chair: Dr**

08h30 – 09h10	Melanoma	
09h10 – 09h50	Acne – latest management	
09h50 – 10h30	Management of Scars and Pigmentation	
10h30 – 11h00	<b>TEA</b>	

**SESSION 5: The GP and Gynaecology**

**Chair: Dr**

11h00 – 11h40	Pelvic Inflammatory Disease–diagnosis & treatment	
11h40 - 12h20	Infertility-the GP's role	
12h20 – 13h00	The lagging female libido – what is the problem?	

**13h00 – 14h00** **LUNCH**

**SESSION 6: The GP and Orthopaedics**

**Chair:**

14h00 – 14h40	Looking into joint problems – the latest in arthroscopy	
14h40 – 15h20	Sciatica	
15h20 – 16h00	When to refer a child with Orthopaedic problems	

**TEA**

**F R I D A Y 2 3 <sup>R</sup> D J A N U A R Y 2 0 1 5**

**08h00 – 08h30** **REGISTRATION & TEA**

**SESSION 7: The future of medical practice**

**Chair: Prof Abdul Barday**

08h30 – 09h10	Developments in use of smartphones in medicine	
09h10 – 09h50	Stem cell therapy for genetic diseases	
09h50 – 10h30	What the GP needs to know about genetics	
10h30 – 11h00	<b>TEA</b>	

**SESSION 8: Bioethics**

**Chair: Prof Derek Hellenberg**

11h00 – 11h40	Experimental gene therapy use in humans	
11h40 – 12h20	Cloning technologies for infertile couples	
12h20 – 13h00	Use of knowledge of person's genome	

**LUNCH AND CLOSURE**