

Developmental Origins of HEALTH AND DISEASE

9th WORLD CONGRESS 2015
CAPE TOWN SOUTH AFRICA

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THEME | **Combating the transgenerational risk of
non-communicable disease in transitioning societies**

**Calling all scientists, clinical researchers, obstetricians, paediatricians,
public health professionals and policy leaders...**

DOHaD Satellite Workshop: Theories and styles of behaviour change: What can they do to further the DOHaD intervention agenda?

The aim of this satellite is to enhance understanding of multiple behaviour change approaches applicable at individual, community and policy level. The workshop will be interactive and participatory, encouraging discussion and debate on how to translate DOHaD messages into improvements in public health. Essential for all those wishing to contribute to the DOHaD intervention agenda.

*Chaired by **Dr Mary Barker** and **Dr Wendy Lawrence**, MRC Lifecourse Epidemiology Unit, University of Southampton, UK*

- **Introductions and expectations for the workshop.**
Dr Wendy Lawrence (MRC LEU, University of Southampton, UK)
- **Social-Ecological models of health behaviour.** **Dr Katherine Murphy** (Chronic Disease Initiative for Africa, University of Cape Town, SA)
- **How to bring about changes to salt regulations in South Africa.**
Professor Krisela Steyn (Chronic Disease Initiative for Africa, University of Cape Town, SA)
- **Brief Behaviour Change Counselling (at individual and group level).**
Professor Bob Mash (Stellenbosch University, SA)
- **Tools for the development of theory- and evidence-based interventions.**
Dr Catherine Draper (University of Cape Town, SA; MRC/Wits DPHRU, SA)
- **Healthy Conversation Skills: techniques to support health behaviour change.** **Dr Wendy Lawrence** (MRC LEU, University of Southampton; NIHR Southampton Biomedical Research Centre, University Hospital Southampton NHS Foundation Trust, UK)
- **Discussant.** **Dr Mary Barker** (MRC LEU, University of Southampton, UK)



TO FIND OUT MORE, VISIT
dohad2015.org

**EARLY BIRD REGISTRATION
has been extended to the
30th June 2015 !**



CONFERENCE ORGANISER

UCT Conference Management Centre
Contact | Deidre Raubenheimer
email: deidre.raubenheimer@uct.ac.za
Tel: +27 21 406 6167