

# BRAIN & BEHAVIOUR INITIATIVE (BBI) SYMPOSIUM 2014

## Happiness and Well-Being: Interdisciplinary Perspectives

### WHY HAPPINESS?

Interest in the nature, structure and interrelation of happiness and well-being has become widespread recently. However, the literature has originated almost solely from high income countries, vastly over-representing white educated industrialized rich and developed **(WEIRD) individuals**.

Thus, there is an important opportunity to bring **low-middle income and African perspectives** into the conversation.

In particular, it may be useful to consider issues such as **resilience, social capital**, and the range of perspectives on the **nature of well-being** that are found across the world.

### CROSS-DISCIPLINARY CONVERSATIONS

The purpose of this day-conference will be to bring together diverse researchers who share a common interest in **happiness and well-being**.

### SYMPOSIUM DETAILS

Date: Tuesday 7 October 2014

Venue: Valkenberg Hospital,  
Education Centre,  
Auditorium

Time:  
09h30 – 15h00

### SPEAKERS:

Prof Thaddeus Metz

Dr Clive Chandler

Dr Kerry Louw

Dr Tom Angier

Prof Don Ross

**A finger lunch and refreshments will be served**

**RSVP to: [tom.angier@uct.ac.za](mailto:tom.angier@uct.ac.za)**